



FOR IMMEDIATE RELEASE:

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Empower Yourself with Free Molecular Fitness Lifestyle Seminars

Stowe, Vermont – May 8, 2006 – HealthConnexin, Inc. announced that it is hosting two local informational seminars next week to promote the company’s proprietary science-based preventative wellness program, The Molecular Fitness Lifestyle™. Seminar attendees will have an opportunity to meet company co-founder and author Darrell Tanelian, M.D., Ph.D., ask specific health-related questions, learn the science behind the lifestyle, and receive a FREE signed copy of his book, *The Connexin Connection, Your Health Begins With Molecular Fitness*.

According to HealthConnexin, Inc. co-founder and Chief Executive Howard Reisman, “the personal and interactive nature of the seminars will provide attendees with a unique opportunity to learn how they can take control of their health and empower themselves to help prevent illness, enhance daily mental and physical performance, lose weight, boost energy and attain long-term wellness.”

As the first official HealthConnexin Affiliate, expert fitness trainers Ernie Roick and Julie Farray from Stowe-based PhiT Performance will also be participating in the seminars to present The Molecular Fitness Lifestyle’s exclusive exercise regimen, ConneXercise™.

The evening seminars are free and will be held on Tuesday May 16th at the Windjammer Conference Center in Burlington from 7:00pm – 8:30 pm and on Wednesday May 17th at the Topnotch Resort & Spa in Stowe from 7:00pm – 8:30 pm. Space is limited. Reserve your seat today by calling 800-636-1022 Ext 55. Also, visit www.HealthConnexin.com for more information.



The Molecular Fitness Lifestyle presents a dramatically new approach toward the prevention of disease and the enhancement of health. It is based on the Dr. Tanelian's research on the 600 million year old connexin molecule and its relationship to the following eight diseases - Cancer, Heart Disease, Diabetes, Arthritis, Osteoporosis, Alzheimer's, Hypothyroid and Ocular Disease. According Dr. Darrell Tanelian, "This program has been proven and tested in people for over 7 years with outstanding results. People from all walks of life; PGA golfers, successful business men and women, stay home moms have all dramatically improved their performance and continue to do so."

About HealthConnexin Inc.

HealthConnexin, Inc. empowers individuals to enhance the quality of their lives, help prevent illness and achieve optimal wellness by adopting ***The Molecular Fitness Lifestyle™*** of education, self-monitoring, enhanced nutrition, fitness and measured results. HealthConnexin comprehensively integrates science and technology and is based on more than a decade of disease prevention research by co-founder Darrell L. Tanelian, M.D., Ph.D. His work represents the integration of more than five thousand published scientific studies spanning decades of research on the 600 million year old connexin molecule and its relationship to health and the eight major diseases - Cancer, Heart Disease, Diabetes, Arthritis, Osteoporosis, Alzheimer's, Hypothyroid and Ocular Disease.

For additional information contact:

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